



Page Nutrition

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Page Nutrition Step-By-Step Guide to Understand Your In-Network Insurance Coverage

1. Call your insurance by using the member services phone number that is (typically) on the back of your insurance card.
2. Insurance often prompts you to say why you are calling. You will want to speak with the benefits department.

Ask the following:

1. Does my plan cover outpatient nutrition counseling or medical nutrition therapy (MNT)?
2. Do I need a physician referral or prior authorization for coverage?
3. Are telehealth nutrition visits covered?
4. Is coverage limited to certain diagnoses (for example: diabetes, kidney disease, eating disorders, gastrointestinal conditions, obesity, preventive counseling, etc.)?
5. How many nutrition visits or hours are covered per calendar year?
6. What is my responsibility for each visit?
 - Copay:
 - Coinsurance:
 - Deductible remaining:
7. Are there any diagnosis codes or procedure codes that are required for coverage?

If the representative needs provider information, please provide:

- Provider name: Isabelle Page
- Practice name: Page Nutrition
- NPI: 1912579079
- Tax ID: 33-1397545

Before we end the call, could you please confirm:

- Whether nutrition counseling is covered
- My expected out-of-pocket cost per visit
- Any referral or authorization requirements
- The reference number for this call